



Coco Tusker

# PRODUCT CATALOGUE



We are an exporter of a range of coconut kernel-based products and other foods grown and manufactured in Sri Lanka. At Coco Tusker (Pvt) Ltd, our commitment is to supply the world with the finest quality products which are certified organic or conventionally produced.

We operate within a clean, green, sustainable, and planet-friendly framework.

Our products are guaranteed 100% natural, therefore free of artificial flavours or preservatives.

Using the most up-to-date technology in our state-of-the-art manufacturing plants we ensure that our products maintain the highest quality at every stage of the production process.





A professionally qualified team is our company's strongest asset as we continue to expand and respond to the demands and challenges of a growing market.

In addition to our own product range, we offer a variety of ancillary services such as packaging for private labels and shipping in bulk, thus creating growth opportunities also for our partners.

All our manufacturing plants are BRC, ISO22000, HACCP and GMP certified.

We ensure that our products are of the finest quality and the best value your money can buy!



**ABOUT US**



# OUR COMMITMENT

## STRATEGIC QUALITY MANAGEMENT

As a reliable global supplier, our company takes pride in satisfying our customers, by continuously improving the production processes and enhancing the quality of our products.

We always consider quality assurance is an important part of our business. Therefore, we implement strict quality control procedures at every stage of our production line and operation process.





At Coco Tusker (Pvt) Ltd we have maintained ourselves with no major non-conformances in our entire product range which is evident through all our quality certification systems.

As a commitment to this process, we maintain stringent quality control systems, using modern quality improvement tools and continuous process improvements.

## **SUSTAINABLE DEVELOPMENT**

Coco Tusker is affiliated with TEG holdings. We work hand in hand with TEG to promote sustainable agricultural practices through their ongoing initiatives. Link to 'anagathaya wawamu'.

Coco Tusker has been working closely with the Export Development Board and Export Agriculture Department to ensure our products meet the highest standards. As a company, we want to assure our customers that we maintain the best standards on all our products through traceability and quality controls.

We continue to work sustainably with good agronomic practices.

All farmers that we work with are Good Agricultural Practices (GAP) certified. We work with selected farmer groups who maintain our stringent agricultural ethos and standards. Our Agriculture officers are constantly in touch with our farmers monitoring and sharing knowledge. Samples of all products are tested before purchase is made ensuring that the highest quality is maintained at all times.



**COCONUT  
BASED PRODUCTS**



**VEGETABLES  
&  
FRUITS**



**SRI LANKAN  
SPICES**



*As an oil, VCO is free from trans fats and its unique combination of fatty acids has a profound positive effect on health. These include fat loss, improved brain function and heart health.*

*Coconut flour is produced using the residue from VCO extraction. It is commonly used as an ingredient in protein and fibre enriched food products.*



*Desiccated coconut is used widely in the bakery and confectionery industries. It is used in both sweet and savoury dishes.*



# SPICES





Chilli is now one of the most widely used ingredients that add flavour and colour to dishes. Chilli has long been recognised for its antioxidant properties. Our chilli powder is made from the finest dried chillies and manufactured according to strict guidelines to maintain the best quality and flavour.



Black pepper is one of the most widely used spices in the world. It has a sharp and spicy flavour that goes well with many dishes.

Black pepper has been used in ancient Ayurvedic medicine for thousands of years due to its high concentration of potent, beneficial plant compounds. The rich potent antioxidant called piperine in black pepper, may help prevent free radical damage to cells.



# Cloves

Cloves are the dried flower buds of a small evergreen tree. Cloves are used in both whole and ground form as a versatile spice in sweet and savoury dishes. It is also used to flavour hot beverages and cocktails as it adds a spicy warm flavour. Cloves have been used in traditional medicine for thousands of years due to its ant-inflammatory and anti-bacterial properties. Cloves are identified to have many health benefits such as regulating blood glucose levels, promoting digestive health and protecting the liver.



# Nutmeg

Nutmeg is a popular spice, made from the seeds of a large tropical tree. Its nutty and sweet flavour lends well to savoury and sweet dishes as well as drinks. Nutmeg is rich in antioxidants, including phenolic compounds, essential oils, and plant pigments, all of which help prevent cellular damage and may protect against chronic diseases.

Emerging evidence suggests that nutmeg may help boost mood, enhance blood sugar control, and reduce risk factors for heart disease.



# This is what makes Sri Lankan cuisine special

*Almost all Sri Lankan foods contain a blend of chilli, coriander, fennel, cumin seeds, turmeric, black pepper, cinnamon and curry leaves making it spicy and hot.*











# Turmeric

Turmeric may be the most effective nutritional supplement in existence. Studies show that turmeric has major benefits on the body and brain. Many of these benefits come from its main active ingredient, curcumin. Curcumin suppresses many molecules that are known to play a major role in inflammation. Chronic inflammation contributes to some common health conditions. Turmeric is used widely in natural skincare products for its anti-aging and restorative qualities.



# Ginger

Ginger is a root that is widely used to add heat and flavour to many sweet and savoury dishes. It is also used in many popular drinks such as ginger beer and ginger tea. Ginger has been used as a home remedy to treat sore throats and nausea. Its antioxidant and antimicrobial properties give it medicinal value and can be used in treating infection.



**COCONUT**





# Organic Virgin Coconut Oil (VCO)

Virgin Coconut Oil (VCO) is considered one of the healthiest oils on the planet. It is unrefined, cold pressed and unbleached. The raw material we use in manufacturing our VCO is 100% organic and free from genetically modified organisms (GMO).

As an oil, VCO is free from trans fats and its unique combination of fatty acids has a profound positive effect on health. These include fat loss, improved brain function and heart health.

Lauric Acid makes up around 50% of the fatty acids in VCO. When Lauric acid is digested, it forms a substance called Monolaurin. Monolaurin is a chemical also found in breast milk which boosts the immune system and is highly beneficial in preventing and fighting infections.

Studies have also shown VCO to be a highly effective skin moisturizer and a defence against hair damage. It is also believed to have mild sun protection properties.

*Coconut milk is the rich, creamy white liquid extracted from the grated flesh of mature coconuts and an integral part of many South Asian and South East Asian cuisine.*



*The dietary fibre content in coconut flour is 3.4 times higher than that of wheat flour, soy flour and rice bran.*





## Organic and Conventional Coconut Milk

Coconut milk is the rich, creamy white liquid extracted from the grated flesh of mature coconuts and an integral part of many South Asian and South East Asian cuisine. It should not be confused with coconut water, which is the liquid found inside immature coconuts. Coconut milk is rich in healthy fats as it contains medium chain fatty acids. Therefore, it is thought to be a more desired source of fat consumed as part of a healthy diet.

Our coconut milk is naturally processed in Sri Lanka without preservatives or chemical additives.

### Uses

Coconut Milk is used widely in curries and various types of cuisine. It is a fantastic alternative to dairy and can be used as a drink on its own or added to other hot and cold beverages.



# Creamed Coconut

Creamed coconut is the unsweetened fresh pulp of a mature coconut, ground to a semi-solid creamy paste. It is also known as coconut butter and can be sold as a solid block or thick paste that can be kept at room temperature. The fat in the coconut melts at around 24°C, so due to temperature changes the product may take a mixed consistency at times and a separation of the fat and the coconut flesh can be seen.

Creamed coconut should not be confused with 'coconut cream', which is a liquid extracted from coconut pulp where fibrous properties are removed.

## Uses

*Coconut Milk is used widely in curries and various types of cuisine. It is a fantastic alternative to dairy and can be used as a drink on its own or added to other hot and cold beverages.*





# Coconut Flour

Coconut flour is produced using the residue from VCO extraction. It is commonly used as an ingredient in protein and fibre enriched food products. Despite processing, coconut flour retains the unique flavour and taste of coconut. Due to the natural unrefined nature of the production process coconut flour may contain traces of brown coconut skin.

The dietary fibre content in coconut flour is 3-4 times higher than that of wheat flour, soy flour and rice bran.

*Coconut flour can be used as part of a healthy diet to reduce the risk of heart disease. It also promotes good digestive health and helps regulate blood sugar levels.*

## Uses

*Coconut flour is used widely in the manufacturing of confectionaries and commercial bakery products. It is now also becoming a popular ingredient that is used in home baking and used for its grainy texture and taste.*



# Desiccated Coconut

Desiccated coconut is the dehydrated flakes of shredded coconut flesh and takes a white, flaky consistency. Sri Lankan Desiccated coconut is known for its unique qualities and marketed as a premium quality product globally

## Uses

*Desiccated coconut is used widely in the bakery and confectionery industries. It is used in both sweet and savoury dishes.*







# Coconut Chips

Desiccated coconut is the grated and dehydrated coconut meat, which is mainly used in the bakery and confectionery industries.

“Ceylon Desiccated Coconut (D/C)” has stood out above competition because of its unique quality. The taste and Aroma of Ceylon Desiccated coconut cannot be replicated, hence it is rated as a premium quality product globally.





# Aminos

Aminos are made using the finest organic coconut vinegar and coconut syrup. It has a rich flavour and aroma. Coco Tusker Coconut Aminos is prepared with 100% natural products. It is packed with vitamins B and C and contains 17 different types of amino acids and is also gluten-free.

## Uses

*Coconut Aminos works very well in meat dishes and marinades. It is an excellent alternative to Worcestershire sauce.*




# Vinegar

Our coconut vinegar is of the finest quality and flavour. It is produced using 100% organic all natural ingredients.

## Uses

*Vinegar is used as a marinade, preserving agent and flavour enhancer in many cuisines worldwide. Coconut vinegar is known for its health benefits and is also used for medicinal purposes in both Indigenous Sri Lankan and Ayurvedic treatments.*

A photograph of a King Coconut on a sandy beach. The coconut is orange-brown with some dark spots and has a white, fibrous top. A purple straw is inserted into the top. The background shows a blurred beach and ocean. There are two callout boxes with lines pointing to the coconut. The top box is dark brown with white text, and the bottom box is white with dark brown text.

*King Coconut has a high water content, low calories, and comes packed with essential electrolytes.*

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# King Coconut

King coconut is native to Sri Lanka. It is a variety of coconut with an orange outer skin which is otherwise green. King coconut has many health benefits and has been used in Ayurvedic and native medicine for many centuries. King Coconut is higher in potassium than in fruits such as bananas and can be used as part of a healthy diet.

King Coconut water is a wonderfully balanced drink with properties that provide energy, nutrients, minerals and electrolytes, such as sodium, magnesium, zinc, calcium, selenium and manganese, among others.

## Uses

*King coconut water is an amazing energizing and rehydrating quick fix, suitable for anyone as a refreshing drink. It is ideal to be used for hydration during long treks, outdoor sports, athletics, and strenuous exercises.*



**FRUITS**





## Mango (TJC)

TJC Mango is a type of large and sweet mango which is named after the two Agricultural Scientists Tom Ellawala and Juan Carlos who developed the variety. Mangoes in general are extremely popular fruits renowned for their rich flavour.

Mango is high in nutrients and immunity boosting compounds. It particularly contains a large variety of polyphenols, which are powerful antioxidants contributing to health and vitality.

Coco Tusker supplies Mango in both fresh and dehydrated forms.

Mangoes are used either as raw fruit or as part of desserts, jams, drinks and chutneys.



# Pineapple

Pineapple is a deliciously sweet and juicy fruit that is rich in antioxidants. Antioxidants help protect the body from damage and disease. Pineapple contains a substance called bromelain, which is a group of enzymes that may reduce inflammation, improve digestion, and boost immunity.

Coco Tusker supplies pineapple in both fresh and dehydrated forms.

Pineapple is widely used as part of a healthy diet and in skin care products.





# Papaya

Papaya is a tropical fruit high in vitamins A, C and dietary fibre. It is rich in many healthy plant compounds. Papaya also contains an enzyme called papain, used to tenderize meat. Papaya is very high in carotenoids that can reduce inflammation. There is a growing body of emerging evidence that Papaya lowers the risk of many serious diseases such as cancer and heart disease.

Coco Tusker supplies Papaya in both fresh and dehydrated forms.

Like most tropical fruit Papaya can be used either as a fresh fruit or as part of a mixture with other fruits in drinks, jams and fruit salads.





# VEGETABLES







# Bitter Gourd

Bitter Gourd also at times referred to as the bitter melon is a vegetable that is part of various Asian diets. It has long been used for its highly nutritious and medicinal properties.

One cup of bitter gourd will contain 93% of your daily Vitamin C intake. It is also rich in Vitamins A, Folate, Potassium and Zinc.

Bitter Gourd is used in indigenous medicinal practices to reduce blood sugar levels. There is some research that suggests, it contains compounds that help fight cancer cells.



# Ribbed Gourd

A popular Asian vegetable with a subtle taste and fibrous texture, ribbed gourd has been used as part of a healthy diet for centuries. It is rich in vitamins A, C, B6 and a host of essential minerals such as potassium, iron and zinc. Ribbed gourd is rich in phytonutrients and a rich source of dietary fibre.

Ribbed Gourd can be used as part of a healthy diet that aids detox, maintain healthy blood sugar levels and digestive health.

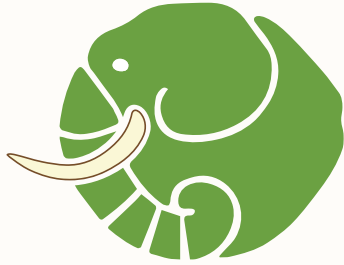




# Snake Gourd

A wholesome vegetable rich in carotenoids and flavonoids snake gourds are filled with a surplus of nutrients. It has a high-water content and contains anti-inflammatory and antioxidant properties.

The subtle taste and texture of this gourd makes it highly versatile and it can be added into almost any food preparation such as curries, salads, stews and soups.



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